



Falcon Garden Club

Vegetables Varieties Zones 3-5

Feedback from Members

Cool Season Vegetables

Temperatures 60° - 80°

Hardy

As low as 40°, plant 2-4 weeks before May 22–June 11
Soil temperature 40°, except 35° for lettuce, onions, parsnips

[National Climatic Data Center.](#)

Average risk of frost Sept 24- May 22

Almost certain frost Oct 7- May 3

No frost June 11-Sep 12

Frost-free growing season about 125 days.

Alliums

	Pots	Zone	Comments – <i>grows well w/carrots, ask re: special planting info 35°, Seed viability 1-3 years</i>
Onions: White Bunching, Early Yellow Globe	x		*
Onions: Candy Day, Evergreen White Bunching			Short
Garlic: German Extra Hardy	x		Plant around roses, *
Garlic: Hard Neck			Short (harvest next year)
Garlic: Chesnok (Hardneck Purple Stripe)			Lisa: Plant in fall, mulch, care & pest free if it does get too wet
Leeks: Lancelot			Short

Cole Crops/Brassicac

	Pots	Zone	Comments: <i>Broccoli loves Nasturtium, cabbages loves mint, Seed viability 5 years</i>
Brussels Sprouts: Rider			Ellis
Brussels Sprouts: Diagle, Oliver, Falstaff			O'Meara, Falstaff is mild
Kohrabi: Grand Duke	x		*
Cabbage: Ruby Perfection		3-5	K&B: Every year, smaller heads than store, Lisa
Cabbage: Baby Head	x		*
Cabbage: Grand Prize			Ellis
Cabbage: Cascade Glaze			Urban Gardens, K&B
Cabbage: Golden Acre			
Collards: Curled			
Collards: Green Glaze			less attractive to the cabbage moth caterpillar.
Collards: Vates		3-5	K&B,
Collards: Morris Heading			Slow bolt O'Meara
Collards: Flash			Ellis
Collards: Dwarf Blue Scotch			%
Mustard Greens: Early Metazuma			Urban Gardens
Mustard Greens: Red Giant			Lisa: If goes to seed, will have it every year, everywhere
Broccoli: Gypsy			Urban Gardens, O'Meara, K&B
Broccoli: Calabrese		3-5	K&B (best)
Broccoli: Arcadia			Good side shoots production, O'Meara
Broccoli: Packman			O'Meara, Lisa: Large, tight early heads w/great side shoots
Broccoli: Piracicaba			
Kale: Bona, Winterbor, Red Russian			Attracts aphids O'Meara, Ellis, Lisa: prolific
Kale: Dinosaur – Nero di Toscana			Bobby – big leafy, hardy

Lettuces	Pots	Zone	Comments – <i>grows well w/carrots, chives, radish, iceberg not recommended, re-plantable, 35°, Seed viability 5 years</i>
Romaine: Jericho	x		K&B, O’Meara, *
Romaine: Baby			Bobby
Romaine Sierra	x		purple tinge, did not bolt in tests by CSU, *
Romaine: Verduran		3-5	Urban Gardens, K&B
Romaine: Cimmaron			Sort
Romaine: Parris Island			Lisa
Romaine: Rouge d’hive, Winter Density			O’Meara
Chinese: Optiko, Two Season, Yoko	x		Bolt easily, *, Ellis
Radicchio: Firebird Medusa	x		*, Ellis
Radicchio: Chioggia Red, Prima Rossa			Ellis
Radicchio: Palla Rossa			Lisa: tasty
Leaf: Black Seed Simpson			Ellis, Short
Leaf: Red Sails, Concept Butter crunch,			Ellis, O’Meara, K&B, Bobby, Lisa
Leaf: Saisons, Merveille des Quatre			Short, Ellis
Leaf: Marvel of Four Seasons			Lisa: beautiful
Leaf: Rhapsody butterhead			Lisa
Arugula: Wild Child, Rocket			Bobby

Parsley	Pots	Zones	Comments – <i>soak in water over night, Seed viability 2 years</i>
Root Parsleys Arat			Urban Gardens,
Garland, Krausa			*
Gigante d’ stalia, Gigante D’Inverno (Heirloom)			Bobby “Buy any kind of flat leaf”, (Italian translation Giant of Winter)

Peas	Pots	Zone	Comments – <i>have more variety names, peas loves everyone, Seed viability 5 years</i>
Early Patio	x		*
Sugar Daddy	x		*
Wando			O’Meara
Green Arrow & Maestro			O’Meara, dwarf
<i>Dakota</i>		3-5	<i>O’Meara, very short season, good for elevation</i>
Super Sugar Snap			Lisa: as long as nights stay cool, produces till August

Spinach	Pots	Zone	Comments: <i>loves strawberries, Seed viability 1-2 years</i>
Tyree		3-5	Urban Gardens, K&B
American Curly			Short
Space Spinach			K&B
Giant 157 Hybrid,			Bobby
Avon Hybrid (slow bolt)			Bobby
Double Purple Orach		3-5	Lisa: Mountain spinach, earliest green self-seeds, beautiful

Roots	Pots	Zone	Comments, <i>Seed viability 5 years</i>
Turnips: Purple Top White Globe	X*		K&B, Urban Gardens, O’Meara, Bobby, Lisa
Radish: red globe		3-5	Short, K&B
Radish: Champion,	X*	5	Urban Gardens
Radish: Icicle			Urban Gardens
Radish: French Breakfast		3-5	K&B
Radish: Easter Egg		5	K&B not in zone 3-4

Semi-Hardy (Cool Season Vegetables)

Minimum daytime temp 40°-50° less tolerant of frosty night
plant 2 wks before or on May 22–June 11
40° soil temperature, except 45° potatoes

Cauliflower	Pots	Zone	Comments: <i>Seed viability 5 years</i>
Early SnowBall		3-5	K&B , Urban Gardens
Snow Crown			K&B (not a big as Snow Ball, but does really well)
Red Acre, Golden Acre, Green Acre			Short
Fremont, Phoenix, Veronica			O'Meara
Graffiti			Small head, takes all season, O'Meara

Roots	Pots	Zone	Comments: <i>Carrot Root maggot repel by onions, rosemary, sage. Beets loves onions, Seed viability carrots 3 yrs; beets 4 yrs</i>
Carrots: Dragon, Red Core Orange			Short
Carrots: Danvers		3-5	Urban Gardens, K&B, Short
Carrots: Danvers half Long		3-5	Urban Gardens, K&B, Bobby
Carrots: Nantes, Chantenay			O'Meara, short roots – better, Short
Carrots: Tiny Sweet	x		*
Carrots: Atomic Red		3-5	K&B
Carrots: Loberbricker Yellow, Cosmic Purple			Bobby
Carrots: Mokum			Lisa: best flavor, hard to dig, long & brittle
Beets: Detroit Dark Red			Urban Gardens, K&B, Short, O'Meara
Beets: Touchstone Gold			Urban Gardens, K&B
Beets: Ruby Queen	x		*
Beets: Shiraz, Golden			O'Meara
Beets: Bull's Blood			Short
Beet: Red Ball, Chioggia Heirloom			Bobby

Chard	Pots	Zones	Comments: <i>Seed viability 5 years</i>
Bright Lights Silerbeet	x	3-5	Urban Gardens, K&B, *
Lucullus, Fordhook			#
Fordhook Giant			Bobby, Lisa prolific, sturdy & tasty

Potatoes	Pots	Zone	Comments – <i>Grow very well here</i>
Viking Red			Short, O'Meara
Yukon Gold	x		O'Meara, *, Short, Lisa
Red Pontiac	x		*
Rosa			Short
Red Norland, Russet Norkotah			O'Meara
Sangre, Colorado Rose, Rio Colorado			O'Meara
Sweet Potato: Beauregard	x		*
Sweet Potato: Georgia	x		*

Warm Season Vegetables#

Summer weather between 70°-95°, sensitive to cool winds, intolerant of frost

Tender

Daytime temperature above 55° - intolerant of frost

Plant from seeds around May 22–June 11. Cucumbers & squash need protection

See Comments for planting temperatures for each vegetable

Beans	Pots	Zones	Comments: <i>55°</i> , <i>Seed viability 3-5 years</i>
Bush Haricots Verts			K&B
Bush Blue Lake	x		*, Bobby
Provider Bush			K&B, Urban Gardens
Masai Bush			K&B, Urban Gardens
Kentucky Wonder Pole			Short, K&B, Bobby
Pole "My family's heirloom Cornfield Bean"			Lisa: prolific, tasty, can use as dried bean too
Black Turtle Bush			Lisa: fun, tasty, need to plant a lot

Celery	Pots	Zone	Comments – <i>difficult to grow, high maintenance, Seed viability 5 yrs</i>
Dwarf Golden Self-Blanching			Ellis

Corn	Pots	Zones	Comments – <i>Challenging, grow more for pollination, 50°</i> , <i>Seed viability 1-2 years</i>
Golden Bantam	x		*
Kandy Korn	x		*
Silver Queen			Urban Gardens
Amish Rainbow Broom Corn			Lisa: beautiful, ornamental, worth the space

Cucumbers	Pots	Zone	Comments: <i>frost protection or delay planting 60°</i> , <i>Seed viability 5 years</i>
Bush Baby	x		*, Bobby
Lucky Strike, Salad Bush, Spacemaster, Bush Champion	x		*
Straight 8 Heirloom, A&C pickling, Holland White			Short
Super Zagrass			Urban Gardens
lemon			Lisa: only kind that grows for me

Spinach	Pots	Zones	Comments: <i>Seed viability 1-2 years</i>
New Zealand		5	Great for hotter temps in summer, doesn't bolt as easily

Summer Squash	Pots	Zones	Comments: <i>frost protection or delay planting, plant 60° soil temp</i> , <i>Seed viability 5 years</i>
Cocozelle Zucchini		3-5	Urban Gardens, O'Meara, K&B, Short
Black Beauty Zucchini			K&B, *
Black OP			K&B
Slick Pic Yellow Squash		3-5	K&B
Early Prolific Straight neck Yellow Squash		3-5	Urban Gardens, K&B
Crookneck Yellow Squash	x	3-5	Urban Gardens, K&B, Bobby, Lisa: most reliable
Golden Zucchini			Short
Ronde de Nice zucchini, Costata Romanesco zucchini,			O'Meara

Gold Rush, Starburst Patty Pan			O'Meara
Zapallo			K&B
Fordhook , Zucchini Dark			Bobby

Very Tender (Warm Season Vegetables)

Intolerant of frost & cool winds, daytime above 60° but prefer 70°-95°

Plant 2 weeks or more after May 22–June 11

Week of daytime temperatures below 55° may stunt crop

Soil temperature 60°, tomatoes 50°

Eggplant	Pots	Zones	Comments: <i>Seed viability 5 years</i>
Black Hansel & White Gretel	x		O'Meara, *
Orient Express, Orient Charm, Fairy Tale	x		O'Meara, harvest earlier
Black Beauty, Black Bell Rosa Bianca, Listada de Gandia			O'Meara – full size

Melons	Pots	Zone	Comments: <i>Need a lot of heat & time, Seed viability 5 years</i>
Cantaloupe: Tigger, Baker Creek			Short
Cantaloupe Marketmore 76, Bush champion, True Lemon			O'Meara
Honeydew: Honey Orange			O'Meara
Watermelon:			
Muskmelon: Midget			Short

Peppers	Pots	Zone	Comments: <i>ask Beth re: more hot varieties, Seed viability 4 years</i>
Sweet: King of the North, Chocolate			Short
Ace, Lipstick, Tequila Sunrise, Yankee Bell,			O'Meara
Corno Di Toro Italian roasting			Lisa: big & tasty, start early & keep covered
Hot: NuMex, Big Jim, Conchos Jalapeno, Early Jalapeño, Holy Mole, Serrano del Sol, Super Chile	x		O'Meara, K&B: Jalapeño does well in pot, ripened red Big Jims are fabulous, Lisa: Jalapeño reliable, Nu Mex is mild & reliable

Tomatoes	Pots	Zone	Comments: <i>ask Beth re: more hot varieties, 50°, loves basil, French marigold, asparagus, Seed viability 1-4 yrs for hybrid, Seed viability 4 yrs for standard-</i>
Big Beef, Celebrity, Medina			%
Early Girl		3-5	O'Meara, %, Short, K&B
Black Krim			Short
Black Prince	x	3-5	K&B
Sun Gold, Super Sweet 100 Cherry			O'Meara, Lisa: Sun Gold is reliable, prolific, wonderful, K&B: fabulous flavor prolific
Fargo Yellow Pear			O'Meara, K&B, Lisa: Prolific but bland
Better Boy, Green Zebra, Jaune Flamme			O'Meara, Short (Zebra)
Cherokee Purple			O'Meara, K&B, Short, Lisa
Black Cherry, Mexican Midget Cherry,			Short
Black Sea Man			Lisa: tasty, but not a lot of tomatoes
Juliet, Tigerella Aunt Ruby's German Green			Lisa: Juliet prolific, but bland, Tigerella-small decent taste, Aunt Ruby's –prone to disease but wonderful
Debut			Ted “My best producer last year”
Chocolate Cherry: Dark stripes.			Ted “high producer”

Winter Squash	Pots	Zones	Comments: <i>Seed viability</i> 5 years
Pumpkins: Baby Boo, Small Sugar	x		*
Pumpkins: Jack Be Little gourd	x		Lisa: productive, great to decorate with
Pumpkins: Kakai, rouge Vif d'Etamps, Knucklehead, Lil Pumpkemon			O'Meara
Sweet Mama Buttercup		3-5	Urban Garden, K&B
Emerald Strain Bush Buttercup		3-5	K&B
Bush Butter Cup			K&B
Waltham Butternut			Urban Gardens, O'Meara, K&B, Short
Squisito Spaghetti Squash		3-5	Urban Gardens, K&B
Black Kibocha			O'Meara
Delicata			Vine is more productive O'Meara
Tahitian			O'Meara
Table King Acorn		3-5	O'Meara, K&B
Carnival Acorn			K&B
Bush Acorn	x		*

% "Tomatoes for Home Gardens" <http://www.ext.colostate.edu/ptlk/1817.html>

"Vegetable Planning Guide" <http://www.ext.colostate.edu/mg/gardennotes/720.pdf>

* Container Varieties: <http://www.ext.colostate.edu/ptlk/1838.html>

O'Meara, Carol, Horticulture Entomologist, Colorado State University Extension, Master Gardener classes 2015

Ellis, J.E. "Fruits & Vegetables" no. 7.608, Colorado State University Cooperative Extension, 10/99
<http://www.a-horizon.com/garden/leafygreens07608.pdf>

Short, Mark, (plants in zone 5 and has greenhouse), Gardening class January 2014, Emmy McAllister, Chapter Leader, Weston A. Price Foundation

K&B, Keith & Beth Moulton, zones 3-5, 9 years experience in this area, 40 years elsewhere, Certified Colorado Gardener (Master Gardener classes)

Bobby Bennett, 30 years experience in zone 3-4, learned what works here through trial and error

Ted Hanchett, 10 years experience in our area zone 5, grew-up on a farm in Kansas, degree in Agriculture Education.

Nadine Salmons, former Master Gardener, ** years experience in this area; ** overall. Researched and wrote "Viability of Seeds" for the Falcon Garden Club

Lisa Funk, grew-up on a farm, helping her mom with large garden, started growing her own garden in Falcon ** years ago, former FGC president